



LARKING GOWEN IPSWICH HALF MARATHON 2010

SUNDAY 29 AUGUST 2010



www.ipswichhalfmarathon.co.uk

BUSINESS CHALLENGE ENTRY FORM



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Please use block letters. Please ensure that all team members' details are on this form and all members sign the declaration at the end.

SECTION 1: TO BE COMPLETED BY TEAM CAPTAIN

NAME OF YOUR TEAM	
COMPANY NAME	
COMPANY ADDRESS	
POSTCODE	
EMAIL ADDRESS	
WORK TELEPHONE NUMBER	

TEAM MEMBER 1 (CAPTAIN)

SURNAME		TICK IF ALREADY ENTERED
FIRST NAME		
DATE OF BIRTH	AGE ON 29 AUG 2010	MALE OR FEMALE
FIRST CLAIM UKA AFFILIATED CLUB OR UNATTACHED		ENGLAND ATHLETICS COMP LICENCE REG NO
BEST TIME FOR HALF MARATHON SINCE 1 JAN 2008, WHEN AND WHERE?		
T-SHIRT SIZE (£5 EXTRA, £7 ON THE DAY) - PLEASE CIRCLE: S M L X/L		
PLEASE CONFIRM THAT YOU ARE EMPLOYED BY THE COMPANY NAMED IN SECTION 1 ABOVE		FEE PAYABLE

SECTION 2 (TO BE COMPLETED BY ALL OTHER TEAM MEMBERS)

TEAM MEMBER 2 SURNAME		TICK IF ALREADY ENTERED
FIRST NAME		
DATE OF BIRTH	AGE ON 29 AUG 2010	MALE OR FEMALE
FIRST CLAIM UKA AFFILIATED CLUB OR UNATTACHED		ENGLAND ATHLETICS COMP LICENCE REG NO
BEST TIME FOR HALF MARATHON SINCE 1 JAN 2008, WHEN AND WHERE?		
T-SHIRT SIZE (£5 EXTRA, £7 ON THE DAY) - PLEASE CIRCLE: S M L X/L		
PLEASE CONFIRM THAT YOU ARE EMPLOYED BY THE COMPANY NAMED IN SECTION 1 ABOVE		FEE PAYABLE

TEAM MEMBER 3 SURNAME		TICK IF ALREADY ENTERED
FIRST NAME		
DATE OF BIRTH	AGE ON 29 AUG 2010	MALE OR FEMALE
FIRST CLAIM UKA AFFILIATED CLUB OR UNATTACHED		ENGLAND ATHLETICS COMP LICENCE REG NO
BEST TIME FOR HALF MARATHON SINCE 1 JAN 2008, WHEN AND WHERE?		
T-SHIRT SIZE (£5 EXTRA, £7 ON THE DAY) - PLEASE CIRCLE: S M L X/L		
PLEASE CONFIRM THAT YOU ARE EMPLOYED BY THE COMPANY NAMED IN SECTION 1 ABOVE		FEE PAYABLE

TEAM MEMBER 4 SURNAME		TICK IF ALREADY ENTERED
FIRST NAME		
DATE OF BIRTH	AGE ON 29 AUG 2010	MALE OR FEMALE
FIRST CLAIM UKA AFFILIATED CLUB OR UNATTACHED		ENGLAND ATHLETICS COMP LICENCE REG NO
BEST TIME FOR HALF MARATHON SINCE 1 JAN 2008, WHEN AND WHERE?		
T-SHIRT SIZE (£5 EXTRA, £7 ON THE DAY) - PLEASE CIRCLE: S M L X/L		
PLEASE CONFIRM THAT YOU ARE EMPLOYED BY THE COMPANY NAMED IN SECTION 1 ABOVE		FEE PAYABLE

- Race HQ - Northgate Sports Centre, Ipswich
- UKA measured - 13.1 miles (permit no 2010-100613)
- UKA - BARR Gold grade event
- Free off road parking
- First aid and baggage storage
- Marshalled and policed course
- Accurate chip timing
- 5 water stations
- Memento and goodie bags for all finishers
- Cash prizes
- Refreshments available
- Event activities and celebrations at finish area
- The Larking Gowen Business Challenge aims to help build team spirit, promote a healthy workforce and raise money for two worthy charities
- First 3 finishing runners from each team count
- Team places are decided on total cumulative time
- Trophies awarded for 1st, 2nd and 3rd placed teams

TERMS & CONDITIONS

1. Before completing your entry form, please read the following notes carefully.
2. Entry to the Larking Gowen Business Challenge is open to proprietors and employees of any UK registered business, company or corporation.
3. You must be at least 17 years old and employed by the company stated on 29 August 2010 to enter this event.
4. Participants in the Larking Gowen Business Challenge are also eligible for prizes in the open race.
5. The time limit for this event is two and a half hours - after this time roads will be opened and the route will no longer be marshalled.
6. You must take part on foot, and must not introduce any animal or wheeled vehicle into the race at any point. If you do so you will be disqualified.
7. The use of roller blades or skates, personal stereos and MP3 players etc is prohibited, and their use may also lead to disqualification.
8. The entry fee is £18 for a member of a club affiliated to UKA and £20 for an unattached runner. These prices include chip timing, memento and goodie bag for every finisher. A commemorative t-shirt is available to purchase for a further £5 in advance or £7 on the day.
9. Please make your cheque payable to **Ipswich Jaffa Running Club**, write your name and address on the reverse. There's no need to send an SAE (please do not send cash). Race information will be despatched during July.
10. The last day for receipt of postal entries is Saturday 14th August 2010.
11. Race referee is Mr Joe Mower (Licence no 003366). Held under UK Athletics rules. UKA Licence 2010 (applied for).
12. For any questions please visit our website www.ipswichhalfmarathon.co.uk or contact us by email: ipswichhalfmarathon@ipswichjaffa.org.uk
13. Entry fees are non-refundable. Withdrawals will be deferred to the following years race.

Declaration: Please enter me for the Larking Gowen Ipswich Half Marathon 2010. If accepted, I understand that there can be no refund of my entry fee should I be unable to participate. I am an amateur as defined by UK Athletics and agree to abide by their Rules and the Terms/Conditions of this event. The data Ipswich Jaffa Running Club, Ipswich Borough Council and Larking Gowen gather and hold will be used to administer the race. This data is managed in accordance with the Data Protection Act (1998) and we will not disclose or share personal information supplied by you with any third party organisations without your consent. I also agree not to run with prior knowledge of injury or illness. I accept that neither the sponsors, organisers or their servants will be liable for any injury, loss or action claim (howsoever occasioned) resulting from this event. A signed entry form is considered acceptance of these conditions

Please tick here if you do not wish to receive any other information from Ipswich Jaffa Running Club or its race partners.

CAPTAIN'S SIGNATURE	DATE
TEAM MEMBER 2 SIGNATURE	DATE
TEAM MEMBER 3 SIGNATURE	DATE
TEAM MEMBER 4 SIGNATURE	DATE

Please make cheques payable to IPSWICH JAFFA RUNNING CLUB and send with this form to: Larking Gowen Ipswich Half Marathon 2010, Northgate Sports Centre, Sidegate Lane West, Ipswich IP4 3DJ.

ENTRY FEES PER TEAM MEMBER

- Half marathon UKA club members no t-shirt £18
- Half marathon unattached runners no t-shirt £20
- Half marathon UKA club members with t-shirt £23
- Half marathon unattached runners with t-shirt £25